

## Applicant details and membership category

Complete one form per athlete/member. Parent/guardian must complete and sign for members under 18.

### 1. Applicant details

First name

Surname

Date of birth

Email

Mobile

Gender (optional)

Address

Postcode

Parent/guardian name (U18 only)

Parent/guardian email

Parent/guardian phone

England Athletics URN / registration number (if known)

### 2. Annual membership categories and pricing

Membership and pricing - dropdown

Age group - dropdown

Claim / membership status - dropdown

Current first claim club (if second claim)

Payment route

First claim means the athlete represents Lifts & Sprints Academy as their main England Athletics club. Second claim members should already hold active competitive registration through their first claim club. Social membership is non-competition unless separately agreed.

### 3. Event interests - tick all that apply

Sprints 60m-400m

Hurdles

Jumps

Throws

Middle distance

Relays

Multi-events

Strength and conditioning

Pilates / mobility

Competition support

## Medical, emergency contact, GDPR and waiver

### 4. Emergency contact

Emergency contact name

Relationship

Emergency contact phone

Alternative phone

### 5. Medical disclosure and fitness to participate

Please disclose all medical conditions, injuries, allergies, medications, access needs or other information that may affect safe participation or emergency treatment.

**Medical conditions, injuries, allergies, medication or access needs**

- I confirm I am medically fit to participate in athletics, strength and conditioning and related training activities.
- I have disclosed all relevant medical conditions, injuries, allergies, medication and access needs.
- I agree to update the academy immediately if my medical information or fitness to participate changes.

### 6. GDPR and data protection

I consent to Lifts & Sprints Academy securely storing and processing my personal data for membership administration, coaching, welfare, safeguarding, emergency contact, attendance, communication and club management purposes in line with UK GDPR.

- I consent to my personal data being processed for academy membership, coaching, welfare and safeguarding administration.
- Where applicable, I consent to relevant membership information being shared with England Athletics for athlete registration and club affiliation purposes.
- I agree to receive essential academy communications about membership, training, safety updates and competitions.

### 7. Participation waiver and declaration

- I understand athletics and fitness activities involve inherent risks, including injury, illness or accident, which cannot be fully eliminated.
- I agree to follow all coach instructions, facility rules, safety procedures, safeguarding guidance and codes of conduct.
- I consent to appropriate first aid being given and emergency medical assistance being sought if required.
- I confirm the information provided on this form is accurate and complete to the best of my knowledge.

## Payment instruction and final declaration

### 8. Payment rule acknowledgement

- Annual membership fees must be paid using the agreed payment route before membership is confirmed.
- Monthly training memberships should be paid by Direct Debit unless the academy confirms another arrangement.
- Drop-in sessions are payable online only and are not confirmed until payment is complete.

### 9. Direct Debit instruction - if applicable

Name(s) of account holder(s)

Service user number

Bank/building society account number

Branch sort code

Membership reference

Name of bank/building society

Full postal address of your bank/building society

Instruction to your bank or building society: Please pay Lifts & Sprints Academy Direct Debits from the account detailed in this instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand this instruction may remain with Lifts & Sprints Academy and details may be passed electronically to my bank/building society.

#### Direct Debit Guarantee summary

This Guarantee is offered by banks and building societies that accept Direct Debits.  
You will be notified in advance if the amount, date or frequency changes.  
If an error is made, you are entitled to a full and immediate refund from your bank or building society.  
You can cancel a Direct Debit at any time by contacting your bank or building society. Please also notify the academy.

### 10. Signatures

Applicant signature

Date

Parent/guardian signature (required for U18)

Date

## 11. Academy office use

Date received

Membership approved by

Start date

Renewal date

EA registration processed

Second claim status checked

Policies / codes sent

Medical notes reviewed

Direct Debit set up

Funded/support place

Drop-in online only

Office notes

### Form review notes

This form supports club governance, safeguarding, UK GDPR/member data management, athlete registration status and clear payment arrangements. It should be reviewed alongside the academy privacy notice, safeguarding policy, codes of conduct and membership terms.